DAY TRIPS

All trips include transportation from the Lakeside Community Center to our destination, and back.

Hotel Del Coronado

The Hotel Del Coronado is an American treasure with more than 120 years of fascinating stories to tell. Come with us to hear about them as we tour the historic hotel. We will then take time to enjoy lunch at your choice of several appetizing restaurants in Coronado.

Date: Tuesday, January 18 **Time:** 9:30 am – 2:30 pm

Fee: \$25

Whale Watching

Come along on a tour through San Diego Harbor Excursions. Locate gray whales on their roundtrip migration. Search for other marine life such as seals, sea lions, migrating birds, and more. Get a close-up look and learn about gray whale baleen, barnacles, and prey items from naturalists during the cruise. Be sure to bring warm clothing and binoculars. Lunch will also be provided.

Date: Tuesday, February 8 **Time:** 8:15 am – 2:00 pm

Fee: \$45

Rancho Guajome **Adobe County Park**

Rancho Guajome Adobe stands today as a precious jewel of San Diego's past. Join us on a docent led tour of the house and grounds, recreating the hospitality as well as the life and times of the Cave Couts family. A picnic lunch will also be included.

Date: Tuesday, March 15 **Time:** 10:00 am – 2:00 pm

Fee: \$20

Padres vs. Braves

Enjoy a day at the ballpark as our hometown Padres face the Atlanta Braves.

Date: Wednesday, April 27 **Time:** 11:00 am – 5:00 pm

Fee: \$35

Wild Animal Park

Join us as we visit the elephants, gorillas, lions, exotic birds, and much more! Your ticket also includes unlimited use of the Journey into Africa tour.

Date: Tuesday, May 11 **Time:** 9:00 am – 3:00 pm Fee: \$50 (or \$10 w/ zoo

membership)



OLDER ADULTS



NUTRITION PROGRAM BY THE SALVATION ARMY

Lunch

A delicious and nutritious meal offering items from all the food groups.

Days: Monday thru Friday Time: 12:00-12:50 pm

Fee: \$3 suggested donation for seniors 60 & over \$5 for non-seniors

Location: Main hall